

March Breakfast 2021

CACFP Meal Pattern	Monday 3/1	Tuesday 3/2	Wednesday 3/3	Thursday 3/4	Friday 3/5
Fluid Milk and miscellaneous	1% Milk Decaf Coffee	1% Milk Decaf Coffee	1% Milk Decaf Coffee	1% Milk Decaf Coffee	1% Milk Decaf Coffee
Fruit and/or Vegetable	oranges	Strawberries	melon	Fruit Salad	Grapes
Bread or Alternate	Croissant or toast wheat bread	pancakes	Biscuit or hot oatmeal	Bagel or hot oatmeal	toasted Wheat bread or hot cereal
Meat or Alternate*	Turkey sausage links	Scrambled eggs	Boiled eggs	Scrambled eggs with tomato and pepper	Turkey bacon
	Monday 3/8	Tuesday 3/9	Wednesday 3/10	Thursday 3/11	Friday 3/12
Fluid Milk and miscellaneous	1% Milk Decaf Coffee	1% Milk Decaf Coffee	1% Milk Decaf Coffee	1% Milk Decaf Coffee	1% Milk Decaf Coffee
Fruit and/or Vegetable	oranges	Strawberries	Grapes	Melon	Fruit Salad
Bread or Alternate	Croissant or toast wheat bread	Croissants	Hot cereal or waffle	Wheat Bread or biscuit	Bagel or hot oatmeal
Meat or Alternate*	Turkey sausage links	Scrambled eggs	Turkey bacon	Boiled eggs	Scrambled eggs with tomato and pepper

March Breakfast 2021

	Monday 3/15	Tuesday 3/16	Wednesday 3/17	Thursday 3/18	Friday 3/19
Fluid Milk	1% milk Decaf coffee	1% milk Decaf coffee	1% milk Decaf Coffee	1% Milk Decaf Coffee	1% milk Decaf coffee
Fruit and/or Vegetable	Oranges	Fruit salad	Melon	Strawberry	Grapes
Bread or Alternate	hot oatmeal or biscuit	Croissant or toast wheat bread	Pancakes or toast wheat bread	Wheat Bagel or hot oatmeal	Croissant or toast wheat bread
Meat or Alternate	Boiled egg	Turkey sausage links	Stew ham	Scrambled eggs with tomato	Turkey bacon
	Monday 3/22	Tuesday 3/23	Wednesday 3/24	Thursday 3/25	Friday 3/26
Fluid Milk	1% Milk Decaf Coffee	1% Milk Decaf Coffee	1% Milk Decaf Coffee	1% milk Decaf Coffee	1% Milk Decaf Coffee
Fruit and/or Vegetable	oranges	Strawberry	Grapes	Melon	Fruit salad
Bread or Alternate	Bagel or hot oatmeal	hot oatmeal	Hot cereal or waffle	Pancakes or toast wheat bread	Hot cereal or waffle
Meat or Alternate	Scrambled eggs with tomato and pepper	Boiled eggs	Turkey sausage links	Stew ham	Turkey bacon

March Breakfast 2021

	Monday 3/29	Tuesday 3/30	Wednesday 3/31	Thursday	Friday
Fluid Milk	1% Milk Decaf Coffee	1% milk Decaf Coffee	1% Milk Decaf Coffee		
Fruit and/or Vegetable	Strawberry	Melon	Grapes		
Bread or Alternate	Wheat Bagel or hot oatmeal	Pancakes or toast wheat bread	Hot cereal or waffle		
Meat or Alternate	Scrambled eggs with tomato	Stew ham	Turkey bacon		

Monday 3/1	Tuesday 3/2	Wednesday 3/3	Thursday 3/4	Friday 3/5
Fruit/yogurt 1% milk	Cookies 1% milk	Cheese with crackers 100% fruit juice	Banana 1% milk	Animal crackers 100% fruit juice
Monday 3/8	Tuesday 3/9	Wednesday 3/10	Thursday 3/11	Friday 3/12
Pretzels with hummus 1% milk	Granola and yogurt 100% fruit juice	Strawberries 1% milk	Animal crackers 1% milk	Cheese with crackers 100% fruit juice
Monday 3/15	Tuesday 3/16	Wednesday 3/17	Thursday 3/18	Friday 3/19
Cookies 1% milk	Granola bar 1% milk	Cheese with crackers 100% fruit juice	Fruit/yogurt 1% milk	Pretzels with hummus 1% milk
Monday 3/22	Tuesday 3/23	Wednesday 3/24	Thursday 3/25	Friday 3/26

Granola and yogurt 1% milk	Fruit/yogurt 1% milk	Animal crackers 100% fruit juice	Cheese with crackers 100% fruit juice	Pretzels with hummus 100% fruit juice
Monday 3/29	Tuesday 3/30	Wednesday 3/31		
Granola bar 1% milk	Animal crackers 1% milk	Pretzels with hummus 1% milk		

March 2021 Snack